- If you openly discuss the issue of HIV as a couple, or with family, friends, or community, When we discuss HIV within then you will be able to the family it becomes a reality in our lives acknowledge that HIV concerns you and you 8. When we start sharing and discussing about the HIV will address concerns at infection then we are all able an early stage to understand it better 1. If you tap into the culture of young people they will apply what they know already 4. If you have clear information, support and access to knowledge, you can be brave dealing with your HIV - If you have information status then you will be able to 6. If local people transfer the act information in their own community, they prevent AIDS in their community 5. If you convince communities that HIV is - If you reflect deeper their problem, they will on your own situation start taking care vis-a-vis HIV you are in a better position to know your own vulnerabilities 9. If you involve leaders and act on them. traditions and policies can be revisited Acknowledgement & 'If we appreciate life Recognition then we are in better 7. If you accept yourself, then 3. Involving religious shape to deal with HIV.' you accept other leaders is key to make **HIV/AIDS programmes a** success - When you meet people living with HIV/AIDS on a personal or social level, you will understand the extent to which you acknowledge and recognise the reality of HIV/AIDS. When you meet people - If PLHIV open up when you living with HIV on a meet and share with them, then you will feel concerned human and personal level, you will about it for your own life understand that HIV - If you show a human face of concerns all of us. HIV you will be able to illustrate that this concerns all of us. When we love and appreciate people living with HIV, the community takes ownership of the problem. - If I acknowledge and recognize HIV is an issue for me, and share that, then others will 2. When individuals become role models, they inspire and acknowledge and empower their community recognize it is an issue If we share experiences and for them too. we translate them into action, we can improve acceptance